

water buoys



At the gym or a sports meet, it's easy to mix up clear plastic water bottles. For those with food allergies, that could mean an accidental allergen exposure. Here's a simple solution: Carry your H₂O in style with one of these distinctive bottles. — *Claire Gagné*

Sturdy and Sleek

For the outdoor adventurer, this stainless steel bottle (far left) by Guyot Designs has a glass-reinforced plastic lid that won't crack in extreme temperatures. The mouth is compatible with a water filter. \$23, www.mec.ca

Schoolyard Sipper

The Cool Contours bottle from Rubbermaid with an insulating sleeve comes in eye-catching colours, and offers style for a low price. \$6.79, at Wal-Mart and Loblaws.

Swiss Style

These fashionable, extremely lightweight aluminum canisters from Sigg come in seven sizes (.3 L-1.5 L) and a myriad of styles for kids and adults. \$19.89 to \$39.99, www.northern-spirit.ca

Sporty Chic

The indented shape and corded handle make these bright bottles from Lululemon easy to grab and go. \$12-\$16, www.lululemon.com

COOL AIR

Puffer Style Does your teen keep "forgetting" his or her puffer at home? If the puffer looked "cool," that resistance is likely to melt. Introducing the Apod, a funky plastic case that brings a shot of style to the asthma inhaler. When it's needed, simply remove the cap, and pump as usual.

The Apod is made in Britain, but North Americans can buy them online at www.asthmapods.com. \$19.99 US.



In Your Zone

Stay sharp-witted in the office with your personal clean air zone. Blueair's AirPod is an air purifier designed to clean a 5 x 6-foot space. Since it only weighs 1.7 pounds, and stands 13 inches high, it's easy to move from room to room or slip into your bag on the way to work. Retail approx. \$99.95 US, www.blueair.com. —C.G.

